

Age-Friendly Cities in Québec

by

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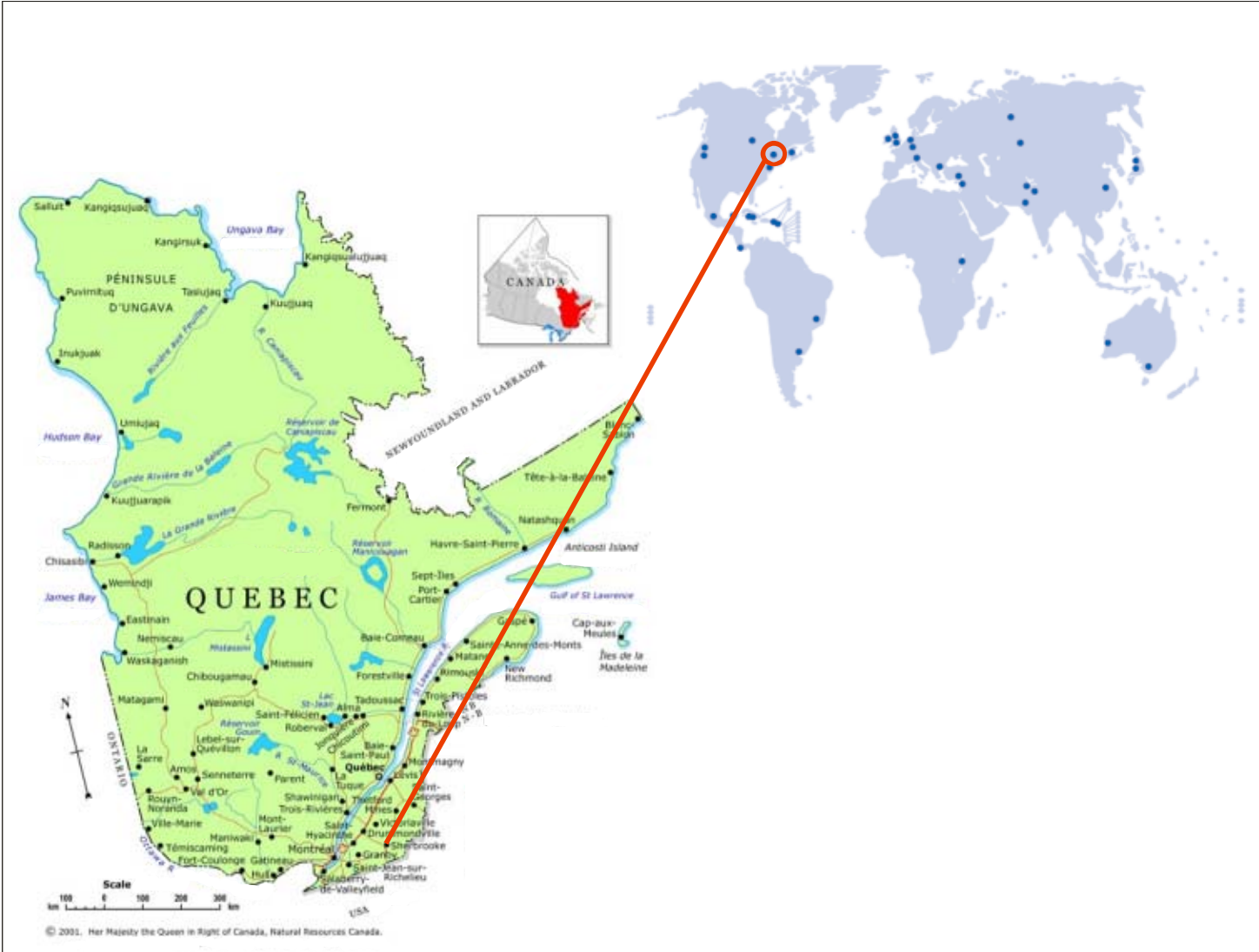
UNIVERSITÉ DE
SHERBROOKE

Famille et Aînés
Québec 



Phase 1

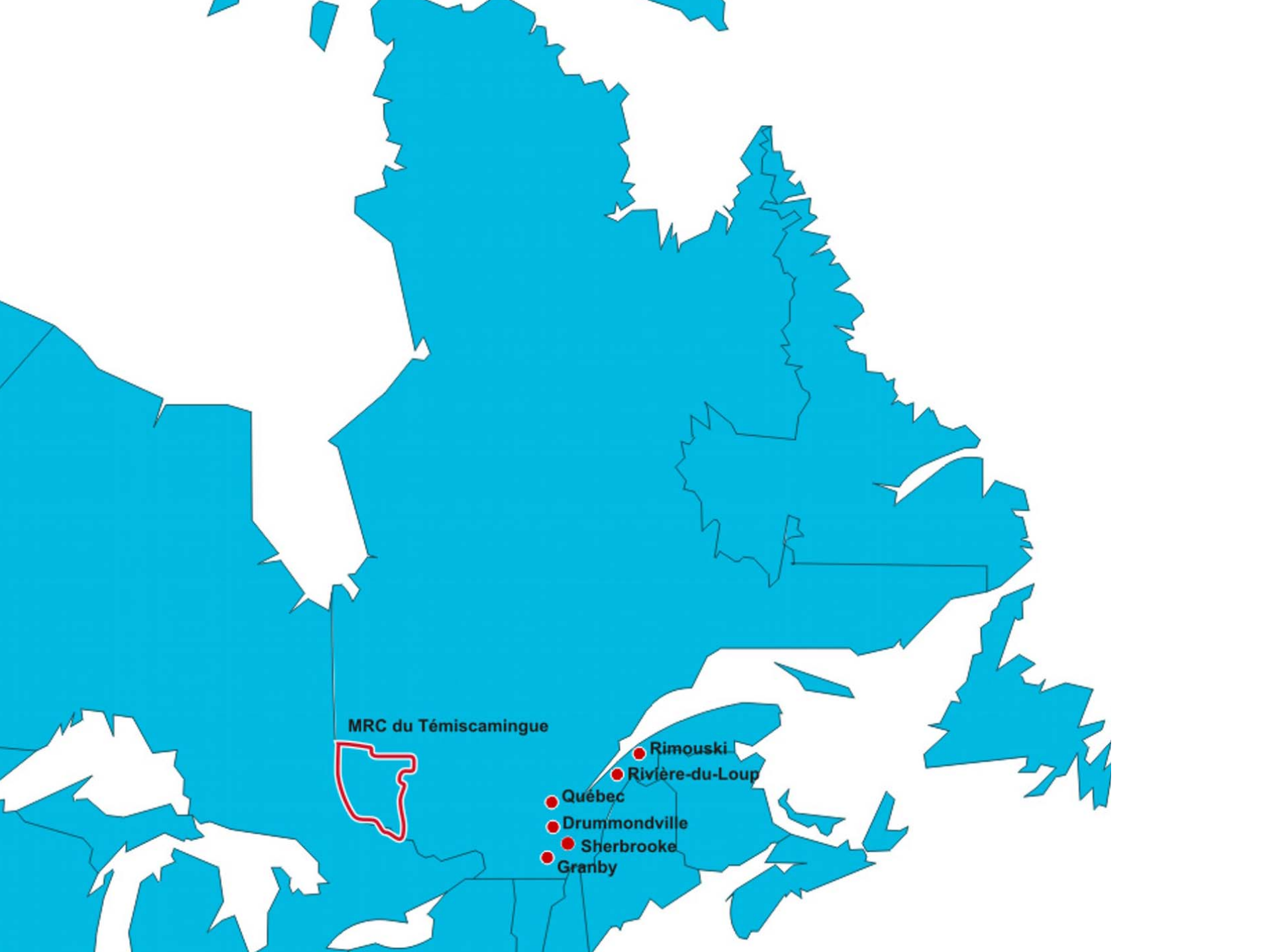
2006-2007



Phase 2

2008-2013

- \$2.8 M in funding, including close to \$0.5 M for expertise and research (\$2.3 M for action)
- Goal of active aging (social participation, safety, health)
- 7 communities : Charlesbourg (Québec city), Drummondville, Granby, Rimouski, Rivière-du-Loup, Sherbrooke, Témiscamingue (area of 22 remote communities)
- Tied to municipal administration
- Steering committee with some appointed members (including a city councillor)



MRC du Témiscamingue

- Rimouski
- Rivière-du-Loup
- Québec
- Drummondville
- Sherbrooke
- Granby

Action-Research

ACTION

- Diagnostic
- Action Plan
- Implementation stage

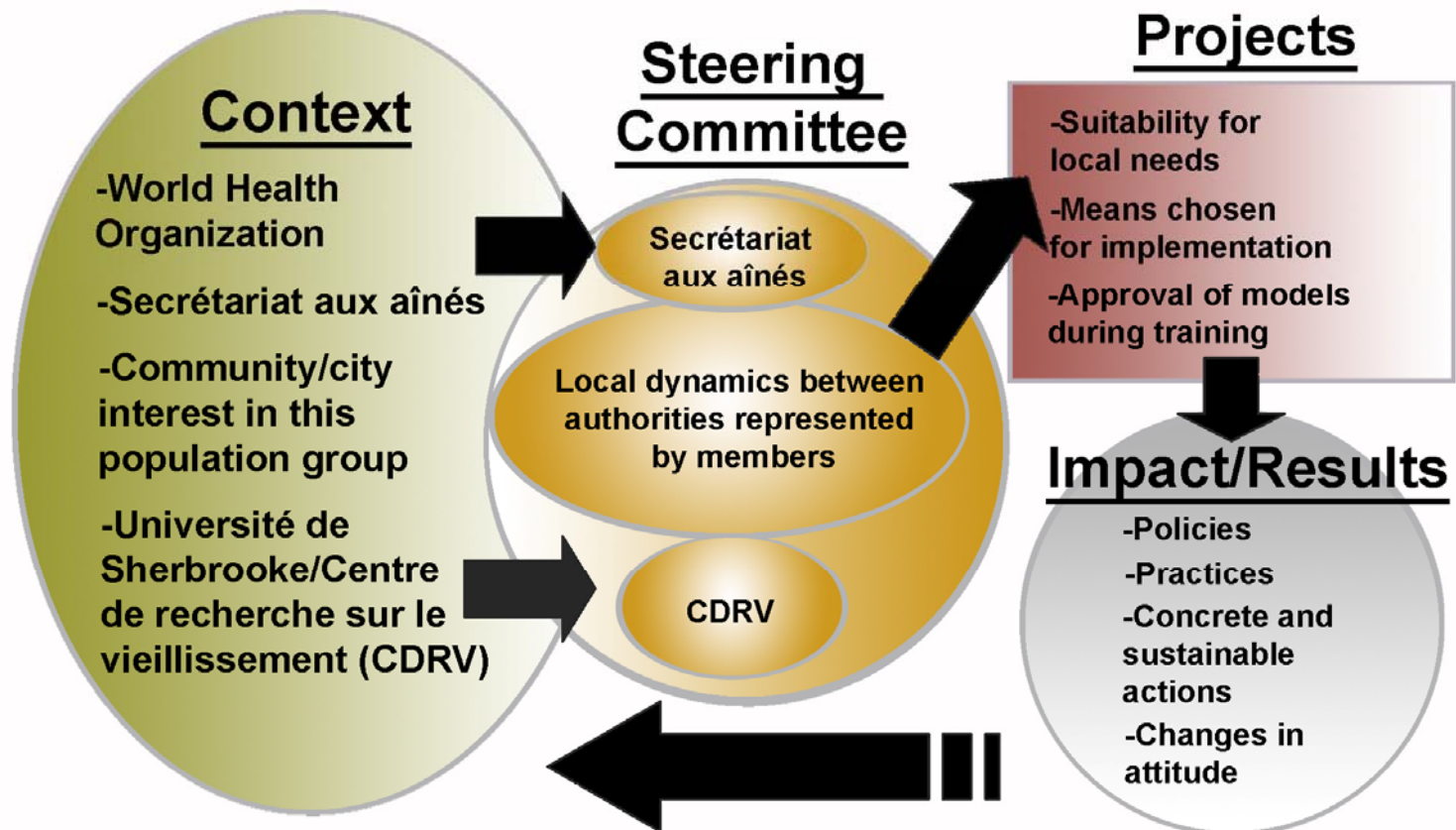
RESEARCH

- Environmental and needs evaluation
- Implementation evaluation
- Impact evaluation

Time Frame

1	Training of the project officer (diagnostic) - Tools diagnostic (environment, services, needs) - Support Training of the steering committee members (plan of action) -Tools Plan of action - Support
2-3-4	Implementation of diverse activities Annual seminar, support and training
2-3-4	Evaluation of Implementation
5	Continuation of activities Impact evaluation

Participatory Approach



Phase 3

2009-2010

LEGEND

Age-Friendly Cities in Quebec ●

SIRA Coaching ●

MRC du Témiscamingue

Témiscamingue

C.R.É Capitale Nationale

Arr. N.-O. de Mtl

Gatineau

The d'ford Mines

Drummondville

Sherbrooke

Granby

Arr. Charlesbourg

Rivière-du-Loup

Rimouski



Conclusion

- We started small, we are blooming
- AFC is a positive and dynamic way of including older adults in our communities
- A unique occasion of linking community development, research and government

- In our session, we will say more about the 7 communities, what comes out of their diagnostic, what are the emerging priorities of their plan of action and we will better explain our framework and our role
- A few examples on the housing components

Projet Villes-Amies des Aînés au Québec

Merci!

